

Medicare Weight Loss Services

Who Qualifies:

- **Medicare patients** with a BMI > 30

Services:

- **Individual, face-to-face nutrition counseling for weight loss**
- **Dietitians:** Work with one of our dietitians

Schedule of Appointments:

Type of Appointment	Duration	Frequency
Initial Consultation	30 minutes	-
Follow-up Appointments		-
- 1st Month	15 minutes each	Weekly
- 2nd to 6th Month	15 minutes each	Every other week
- 7th to 12th Month (provided weight loss goal met)	15 minutes each	Monthly

Weight Loss Goal:

- **Goal:** Reach a weight loss of 6.6 pounds in the first 6 months of counseling, as set by Medicare

Call now to schedule an appointment or scan the QR code!
(978) 635-8700

