

Notice regarding Prescription of Weight Loss Medications

March 18, 2024

We are encountering significant challenges in securing consistent and adequate supplies of both crucial drugs currently prescribed for weight loss. As you may have heard, Semaglutide and Tirzepatide (Wegovy/Ozempic, Zepbound/Mounjaro) are medications approved for weight loss and diabetes. These medications have been inconsistently available yet recommended for patients to continue indefinitely. This has been frustrating for patients and providers as well as creating an incredible strain administratively on our nursing and provider staff that is unsustainable for the practice.

Many insurers have completely excluded these medications from their formularies, generating an unsustainable appeal process for our practice.

Given these challenges, we have decided to discontinue prescribing these medications as a practice policy. We understand the concerns and inconveniences this might bring, and we apologize sincerely for any disappointment this may cause you.

For patients who are currently established and taking these medications, for the time being, we can continue to prescribe your medication and treat your condition through our nurse practitioners or your Primary Care Provider (if they initiated treatment).

All future requests for medication initiation for weight loss will not be able to be accommodated.

Our current resources available to you, as a patient of Acton Medical Associates, include our team of skilled Registered Dietitians who are available to meet with you to discuss weight loss.

Please do not call or schedule with your current primary care provider to request weight loss medication. We are unable to make exceptions to this new policy due to the lack of a consistent supply of the medication.

Thank you for your understanding and patience during this time. Your health and well-being remain our utmost priority, and we are committed to doing everything we can to support you.

Sincerely,
The Acton Medical Care Team



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