

Over the Counter Medication Dosing Tables

| IBUPROFEN (Advil/Motrin) | | | | | | |
|--|--------|------------------------------------|-------------------------------------|---------|------------------------------|---|
| Every 6 hour dosing | | | | | | |
| ***for children 6 months or older only*** | | | | | | |
| Weight | Dose | Infant Suspension 50 mg/1.25 ml | Children's Suspension 100mg/5 ml | | 50 mg Chewable Tablets | 100 mg Jr. Strength Chewable, or Jr. Strength Caplets |
| 13-16 lbs | 50 mg | 1.25 ml | ---- | | ---- | ---- |
| 17-21 lbs | 75 mg | 1.875 ml | ---- | | ---- | ---- |
| 22-27 lbs | 100 mg | 2.5 ml (2 x 1.25) | 1 teaspoon | 5 ml | ---- | ---- |
| 28-32 lbs | 125 mg | 3.125 ml (1.25+1.875) | 1 ¼ teaspoon | 6.25 ml | ---- | ---- |
| 33-38 lbs | 150 mg | 3.75 ml (3 x 1.25) | 1 ½ teaspoon | 7.5 ml | 3 | ---- |
| 39-43 lbs | 175 mg | ---- | 1 ¾ teaspoon | 8.75 ml | 3 | ---- |
| 44-54 lbs | 200 mg | ---- | 2 teaspoon | 10 ml | 4 | 2 |
| 55-65 lbs | 250 mg | ---- | 2 ½ teaspoon | 12.5 ml | 5 | 2 |
| 66-76 lbs | 300 mg | ---- | 3 teaspoon | 15 ml | 6 | 3 |
| 77-87 lbs | 350 mg | ---- | 3 ½ teaspoon | 17.5 ml | 7 | 3 |
| > 87 lbs | 400 mg | ---- | 4 teaspoon | 20 ml | 8 | 4 |

| TYLENOL (Acetaminophen) | | | | | | |
|--|--------|--------------------------------|------------------------------------|---------|------------------------------|--------------------------------|
| Every 4 hour dosing | | | | | | |
| ***Not for children <8 weeks unless recommended by MD*** | | | | | | |
| Weight | Dose | Infant Suspension 160mg/5ml | Children's Suspension 160mg/5ml | | 80 mg Chewable Tablets | 160 mg Jr. Strength Tablets |
| 6-11 lbs | 40 mg | 1.25 ml | ¼ teaspoon | 1.25 ml | ---- | ---- |
| 12-17 lbs | 80 mg | 2.5 ml | ½ teaspoon | 2.5 ml | ---- | ---- |
| 18-23 lbs | 120 mg | 3.75 ml | ¾ teaspoon | 3.75 ml | ---- | ---- |
| 24-35 lbs | 160 mg | 5 ml | 1 teaspoon | 5 ml | 2 | ---- |
| 36-40 lbs | 240 mg | 7.5 ml | 1 ½ teaspoon | 7.5 ml | 3 | ---- |
| 41-46 lbs | 280 mg | 8.75 ml | 1 ¾ teaspoon | 8.75 ml | 3 | ---- |
| 47-58 lbs | 320 mg | 10 ml | 2 teaspoon | 10 ml | 4 | 2 |
| 59-69 lbs | 400 mg | 12.5 ml | 2 ½ teaspoon | 12.5 ml | 5 | 2 ½ |
| 70-81 lbs | 480 mg | 15 ml | 3 teaspoon | 15 ml | 6 | 3 |
| 82-93 lbs | 560 mg | 17.5 ml | 3 ½ teaspoon | 17.5 ml | 7 | 3 ½ |
| > 93 lbs | 640 mg | 20 ml | 4 teaspoon | 20 ml | 8 | 4 |

Please call Acton Medical at 978-635-8700 with any questions about these medications or their dosing

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| BENADRYL (Diphenhydramine) Every 6 hour dosing ***Not for children <6 months unless recommended by MD*** | | | | | |
|---|----------|-------------------------------------|--------|----------------------------|------------------------------------|
| Weight | Dose | Children's Suspension 12.5mg/5ml | | 12.5mg Chewable Tablets | 25mg Adult Tabs/Caps/Liqui-Gels |
| 12-15 lbs | 6.25 mg | ½ teaspoon | 2.5 ml | ---- | ---- |
| 16-20 lbs | 9.38 mg | ¾ teaspoon | 3.75ml | ---- | ---- |
| 21-30 lbs | 12.5 mg | 1 teaspoon | 5 ml | 1 | ---- |
| 31-40 lbs | 18.75 mg | 1 ½ teaspoon | 7.5ml | ---- | ---- |
| 41-60 lbs | 25 mg | 2 teaspoon | 10 ml | 2 | 1 |
| 61-80 lbs | 37.5 mg | 3 teaspoon | 15 ml | 3 | ---- |
| >80 lbs | 50 mg | 4 teaspoon | 20ml | 4 | 2 |

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