

While you wait for your test results

If you are symptomatic or are a close contact of someone who has tested positive for COVID-19, you should start a quarantine and wait for more information

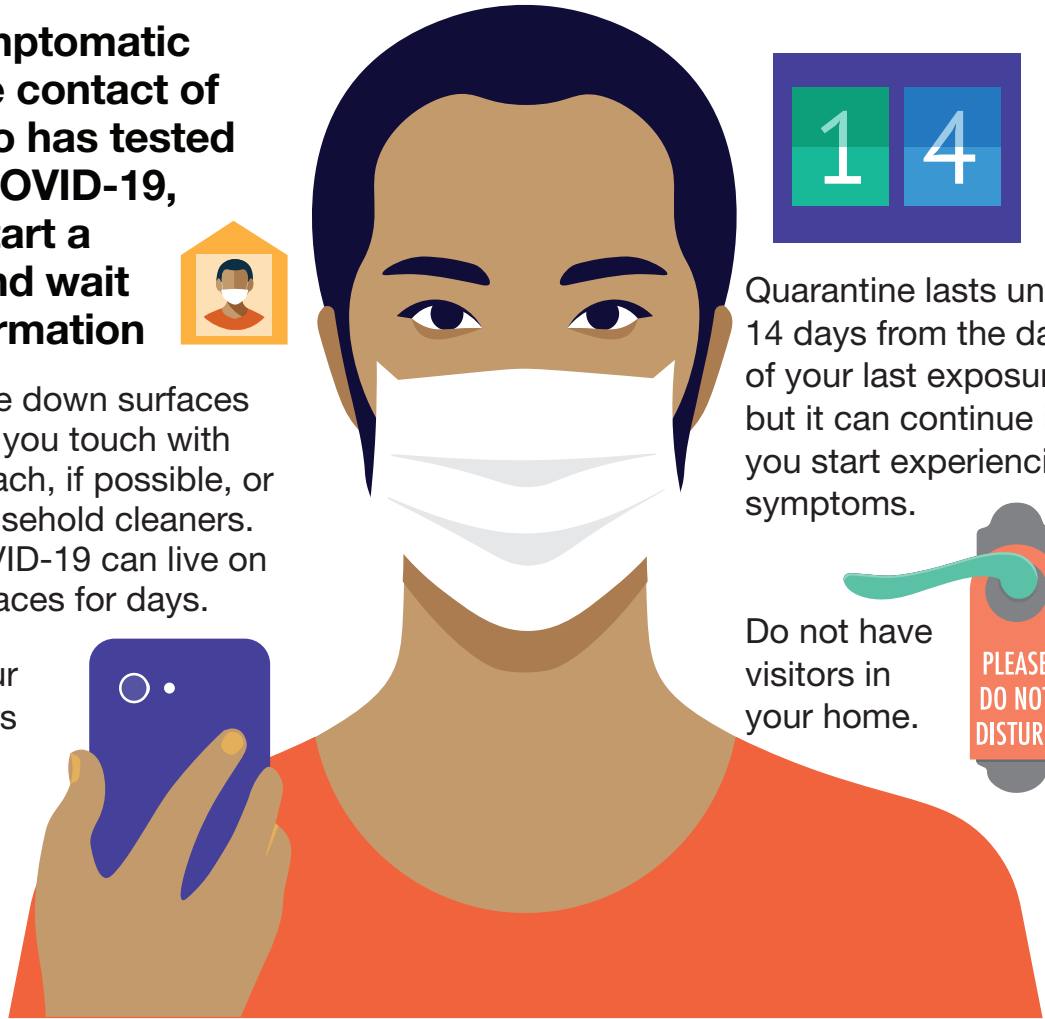


Quarantine lasts until 14 days from the date of your last exposure, but it can continue if you start experiencing symptoms.



Wipe down surfaces that you touch with bleach, if possible, or household cleaners. COVID-19 can live on surfaces for days.

Do not share your things with others in your house.



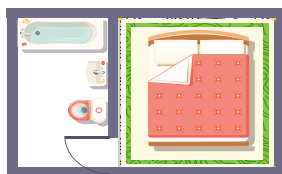
Do not have visitors in your home.



Stay home except for urgent medical care. If you must leave, wear a mask. Make sure to call your doctor before you seek medical care. Do not take public transportation, ride shares, or taxis. If you do not have a car and need emergency transport call **911**.

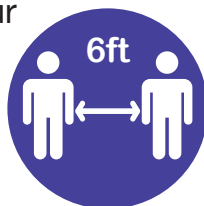


Wash your hands throughout the day with soap and water for at least 20 seconds.



If possible, use a separate bedroom and bathroom.

Keep 6 feet distance from other people at all times, even in your home.



Call your doctor if you start feeling sick. Call **911** if you have an emergency.



For more information, visit mass.gov/covid19 or call 2-1-1

Answering the call stops the spread!

You are confirmed COVID positive

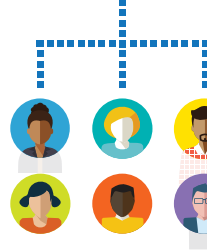


You may receive a text and then a call from the MA COVID Team or your local health department



Your identity protected

You are asked for information on your recent contacts



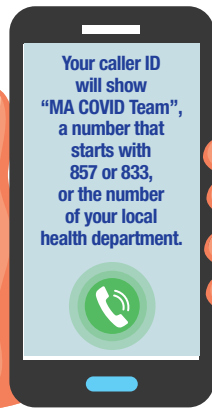
A care resource coordinator will be assigned to you if you need support during isolation



We will reach out to your contacts to encourage testing and quarantine



Your contacts get the help they need to quarantine



What to expect if you receive a call from the MA COVID Team or your local health department

You may be asked:

- ✓ Confirm your name and date of birth
- ✓ Your symptoms and when you got tested
- ✓ Where you live and who lives with you
- ✓ People you have been around and how best to get in contact with them
- ✓ They may tell you about your test results

You will NOT be asked for:

- ✗ Your social security number
- ✗ Your credit card number or bank account details
- ✗ Your health insurance plan number or plan ID number
- ✗ Your immigration status

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